

# Activities Unlimited

Volume XXX Issue IX

SEPTEMBER, 2016

## Activities Unlimited General Meeting September 13, 2016

1:00 PM at the WRC in Heneveld Hall

The club has a very special guest for its September meeting, Mr. Mike Plunkett. Mike's a highly regarded specialist on the "folk culture" of the American Civil War. He will present a program of songs and stories recreating the experience of the average Civil War recruit, in this case, an Irish draftee/volunteer. It should be an entertaining and informative show. Please plan to attend the September meeting and give Mike a rousing AU welcome.

## Note from the President

I hope everyone has enjoyed the beautiful summer months that NJ has to offer. Now that it is almost over, we must shift our attention to other items of AU importance. That is, the AU membership drive that will kick off on Saturday, September 10, 2016 (noon to 5 PM) with AU hosting a booth on Ramsey Day. Then, on Saturday September 24<sup>th</sup> we will have a booth at two other town days, one in Franklin Lakes (noon to 8 PM) and one in Mahwah (noon to 5PM). We can use a few volunteers to man these events in 2-hour shifts, thereby sharing the load. So please, step and help us promote our club by talking to other seniors and handing out some AU information material.

At our September General Meeting we will select a Nominating Committee to recommend AU Board members for next year. Please don't sit back and wait for someone else to do this. Who do you want serving on the AU Board next year? Please raise your hand at the September meeting to join this committee. You will be helping to influence our new leadership, and the direction of our club.

Thanks for your continued support.

George Lewis, President

## NOTES TO MEMBERS

Guy Cappello joined a very select group of golfers when he recently shot his age (90) at the challenging Walkkill golf course. Congratulations Guy!

AU member John Murphy received the Wyckoff Y's 2015 "Volunteer of the Year" award. Congratulations John!

## AU Annual Christmas Dinner-Dance 2016

The registration form containing all the information for the party is on the last page. Please print the form, fill it out and return it with your check.

**For group table reservations of 8 or more, please include all names on the form and submit it along with all the checks for the table at same time.**

**Reservation must be received no later than November 19, 2016.**

**Our annual breakfast will be held on October 11, 2016 at 9am at the Brick House** (179 Godwin Ave. Wyckoff), the breakfast is for members only. Our speaker will be a representative from Reliable Companion Care who will discuss "Options for Living as we Age". The cost is \$11pp. Send your check to **Jim Webb:** 970 Pines Terrace Franklin Lakes, NJ 07417. The breakfast takes the place of the October afternoon meeting.

# ACTIVITIES UNLIMITED

## GENERAL MEMBERSHIP INFORMATION



### 2016 OFFICERS



**George Lewis**  
President  
201-891-5883



**Tom Butler**  
1st Vic President  
201-934-8161



**Jim Webb**  
2nd Vice President  
201-337-7982



**Edwin Schlachman**  
Secretary  
973-423-1459



**Mike Hurd**  
Treasurer  
201-891-1374



**Mark Cohen**  
Asst. Treas.  
201-337-4198

COMMITTEES & CLUBS			
GROUP	CONTACT	PHONE	MEETING
<b>AU Guys</b>	John DeSantis	201-447-0256	
<b>Book Club</b>	Vince Tortorelli Joe Clinton	201-447-2261 201-447-3718	4th Wed. 9:30
<b>Dup. Bridge</b>	ED Foldessy	201-327-5767	Wed 1 pm Larkin House
<b>Rub. Bridge</b>	Wes Cheringal	201-848-8009	M,F 1:00 pm Franklin Lakes Ambulance Building
<b>Care-Concern</b>	Joe Clinton Paul Hennion Don Martin	201-447-2261 201-891-4716 201-891-2279	
<b>Chaplain</b>	Rev Andy Kadzban	201-485-8589	
<b>Chess</b>	Bill Schultz	973-525-0979	3rd Thru 9:30
<b>Computer</b>	Don Kirkpatrick Ed Schlachman Fred Theile	201-337-5666 973-423-1459 201-625-7541	3rd Wed. 10:00
<b>Gardening</b>	Joe Lamela Rick Sneyers	201-327-8137 923-248-6625	1st Wed. 10:00
<b>Golf</b>	Bruno Bissetta Bill Bryne	201-891-7567 201-447-5064	Tuesday Thursday
<b>Hiking</b>	Don Kirkpatrick Rick Sneyers	201-337-5666 923-248-6625	Mon 9:00
<b>Historian</b>	Dom Manobianco Victor Pizzolato	201-891-7185 201-612-0038	
<b>History</b>	Pablo Catangay	201-684-1217	4th Monday 1:00 pm
<b>Investment</b>	Al Connelly Herb Umland	973-616-0755 201-891-6638	Thru after the AU General Meeting 9:30
<b>Luncheon</b>	John Abrahamsen	201-848-8037	

COMMITTEES & CLUBS			
GROUP	CONTACT	PHONE	MEETING
<b>Membership</b>	Walt Widmer Dick Hensch	201-562-8666 201-891-1309	
<b>Newsletter</b>	Lou Guarneri	201-847-1981	
<b>Project Outreach</b>	Marty McGonigle Joe Pullaro	201-529-1941 201-337-0018	
<b>Photography</b>	Ed Trerotola Mike Hurd	201-236-1368 201-891-1374	
<b>Public Disc.</b>	Walt Widmer Tom Butler	201-562-8666 201-934-8161	2nd Wednesday 9:30 am
<b>Refreshments</b>	Jim Forbes Howard Vogel	201-825-0523 201-612-2237	
<b>Science</b>	Jack Yurasek	201-337-4433	3rd Tuesday 10.00 am
<b>Skiing</b>	Bud Brooks Jack Yurasek	201-327-6649 201-337-4433	Snow
<b>Sponsor Liaison</b>	Jim Mallen	201-485-8589	
<b>Stock Market</b>	Don Kirkpatrick John Abrahamsen	201-337-5666 201-848-8037	2nd Tues. 9:00 am 4th Tues. 9:00 am
<b>Tennis</b>	Dom Manobianco Dave Burleigh	201-891-7185 201-485-8923	M,W,F
<b>Transport.</b>	Frank Nusspickel	201-891-9099	
<b>Trips/Tours</b>	Lou Guarneri Don Wasson	201-847-1981 201-891-1873	The AU General Meeting 10:30 am
<b>Web-Master</b>	Don Kirkpatrick	201-337-5666	

General membership meetings are normally held the 2nd Tuesday of the month at Heneveld Hall adjacent to the Wyckoff Reformed Church, Wyckoff, NJ.

Please remember that WRC is a smoke-free environment. This includes E-Cigarettes.

The deadline for October, 2016 Newsletter articles is 5 PM September 25, 2016. When submitting articles please use font: Times New Roman 11 pt. (not bold). Email: lguarneri03@gmail.com or mail to: Lou Guarneri, 128 MacLeish Court, Mahwah, NJ 07430

## Welcome New Members

Name (Spouse)	Address	Employment	Interests	Phone/Email
Robert K White	159 Demeduk Ct. Mahwah, NJ 07430	Executive	Bridge	P: 201-891-4504
Paul Rezzomco (Roberta)	347 Rodney Rd. Wyckoff, NJ 07481	Contractor	Tennis	P: 201-704-7453 Email: jnjinc@verizon.net
Raymond T Carroll (Maryann)	P.O. Box P Oakland, NJ 07436	Self Employed	AU Guys Band, Gardening, Investments, Trips & Tours and Stock Market	C: 201-312-8260 Email: ray.carroll1044@gmail.com



### The Golf Club

The Annual Golf competition between the Ridgewood Hobbyists and Activities Unlimited of Wyckoff was held on Tuesday, August 9th at Apple Greens Golf Club in Highlands, NY. twelve two man teams from each club played against each other in a match play format. The Hobbyists won the match by a score of 8.5 points against 3.5 points for AU. Despite the wide margin of victory, most of the team matches were closely contested,

It was a fine summer day to play golf and all the players enjoyed participating in the event. As the Hobbyists gained possession of the Trophy for the coming year, AU congratulated them on their win, but in the words of faithful fans "Wait til next year".

The AU Golfers will now focus their attention to their next competition on Sept. 29th against the Ramsey Duffers at Wallkill Golf Club.

### The Lighter Side



We hang the petty thieves and  
appoint the great ones to public office  
~Aesop~

If God had wanted us to vote, he would have given us  
candidates.  
~Jay Leno~

Politics is the gentle art of getting votes from the poor  
and campaign funds from the rich, by promising to  
protect each from the other.  
~Oscar Ameringer~

Politicians are people who, when they see light at the  
end of the tunnel, go out and buy some more tunnel.  
~John Quinton~



### The Luncheon Club



### The Garden Club

Wednesday, Sept. 7th , WRC meeting room at 10 AM

- \* Congratulations to **Rick Sneyers** for successful completion of 70 hours of horticultural Master Gardener training sponsored by Rutgers, Passaic Co. Cooperation extension staff.
- \* Round robin of members present - questions, comments, sharing or recommendation
- \* Ten great perennials for shade - **Don Wasson**
- \* Pictures of **John Steen's** luscious produce garden photos.
- \* Information on Weevils released to fight spread of "mile-a-minute" vine
- \* More information on vertical forms - hydroponics
- \* Chestnut trees rising again - current work on hybrid that can thrive in NJ
- \* Vendor services feedback
  - ^ tree work - **Walt Widmer** experience (201-667-1297)
  - ^ tree work - Appleseeds - **Joe Lamela** (201-667-1297)
  - ^ any other vendor observations?
- \* Unmet needs



## Duplicate Bridge Results



## Investment Study Group

		1st	2nd	3rd
8/3	NS	Mahmarian/Riccardi	McAdam/Sweetgall	Milcos/Spence
	EW	Steffen/Wiest	Foley/Martin	Desrosiers/Hulit Bartlett/Wong
8/10	NS	Boylan/Lewis	McAdam/Wiest	Gattoni/ Sweetgall
	EW	Desrosiers/Spence	Mahmarian/Milcos	Levin/ MacDougall
8/17	NS	Riccardi/Zelhof/ Douma	Rock/Sweetgall	Cheringal/ Martin
	EW	Foley/McAdam	Meloro/Spence	MacDougall/ Wiest
8/24	NS	Meloro/Riccardi	Bartlett/Sweetgall	Page/Spence
	EW	Mahmarian/McAdam	Coughlin/Yampell	Desrosiers/ Freimuth Martin/Zelhof

OUR NEXT MEETING IS SEPTEMBER 15TH AT 9:30AM ON THE THIRD FLOOR OF THE WRC BUILDING AT WHICH TIME, DAVID DIETZE, JD,CFA.CFP AND JOHN PETRIDES, MBA FROM POINT VIEW WEALTH MANAGEMENT IN SUMMIT, NJ WILL BE OUR SPEAKERS.

THEY WILL SHARE THEIR CONCERNS, IDEAS, OPINIONS ON THE MARKET. PERHAPS THEY MAY EVEN SHARE THEIR IDEA OF WHAT IMPACT THE NOV. ELECTION RESULTS MAY HAVE?

MARK YOUR CALENDARS AND JOIN US !  
QUESTIONS CALL HERB (201-891-6638) OR AL (973-616-0755)



## The Science Club

No Science Club meetings took place in July or August. Several excellent Science Great Course Book/DVDs were donated from **Bob Saletta's** home.

September 20, 2016 (Tuesday, 10 AM)--**Gene Ingrassia** will give a talk on his experience in the Fire Prevention field. It is an important area in industrial applications, as well as in our homes. October 8, 2016 (note---Saturday) Lamont Dougherty Earth Observatory, Open House (61Route 9WPalisades NY), Car pool Trip-- parking at IBM lot, with busses to Lab. We need a Contact Person to arrange this trip (Please let me know ASAP) Thanks again to George Becker for obtaining access for us in the past.

October 18, 2016 (Tuesday, 10 AM)--**Harry Bennett** will speak to us on Packaging Engineering. He has been teaching Packaging Engineering at Rutgers, since he retired from Estée Lauder.

November (date to be determined)--Museum of Natural History, NY Car Pool trip- Visit the new exhibit on Dinosaurs, featuring the Titanosaur, the fossils of which were found in the Patagonian Desert in Argentina in 2014. December--Dr Cauchard will return to update us on Eye Health. His previous visits helped us all.

Great Courses-- Thanks to Geraldine Saletta for offering Bob's material. The material we took has been placed in the AU cabinet, in the Main Hall, and is available for anyone for review or who might like to consider a presentation. There are many books/DVDs on Space, Astronomy etc. (which we did not take). We took the Following: Cosmology (Parts 1, 2 and 3); Particle Physics (for non-physicists--3 parts); Quantum Mechanics (Parts 1, 2 and 3).

Finally, thank you to our Co-Chairmen, **Ed Schlachman** and **Bob Talan**, as well as **Don Fairbairn** who has done our Attendance, Records and Member contacts. Also thanks to those who attend our meetings; hopefully someone who has not yet given a talk could do so in the future.

**Jack Yurasek** (201-337-4433) Email--[jjurasek@aol.com](mailto:jjurasek@aol.com)



## Public Discussion Group

The group met at Larkin House on August 10<sup>th</sup> for its monthly discussion. The first topic dealt with the meaning of the phrase, "Make America great again." One member began by providing an excellent overview of how many ways the expression could be interpreted and the extent to which individual political leanings could influence the interpretation. As a political slogan, the words were clearly intended to have a broad appeal to the majority of Americans who feel the country is headed in the wrong direction. Issues that evidence a "fall from greatness," include: the high level of debt which could cripple financial flexibility in the future as interest consumes more and more of the federal budget; the perceived decline in military strength as the country can no longer project force and achieve political objectives as in the past; the loss of economic dominance and the decline of manufacturing as production and jobs have moved to low cost countries; the rise of competing and ideologically opposed countries, like China, Russia and North Korea, the collective behavior of which amounts to "nose-thumbing" at the US and a vivid lack of respect; and broadly the intrusiveness of government in every sphere of life, from environmental regulations to "bathroom use" to broad politically correct speech. All these perceptions open up the general population to the appeal of regaining or restoring greatness to the country. Around these excellent observations, members brought up issues contributing to a pessimistic context, such as the role of money in "buying" political influence, the failure of people to vote and become more politically engaged, the impact of immigration on a sense of shared culture, and the overarching threat of terrorism which generates a sense of anxiety. It was a very thorough and informative discussion.

The next topic was: "Should the US Remain in the United Nations." Here, the group discussed the pros and cons of remaining in the UN. The United States is responsible for 22% of the UN's ordinary budget. In addition, the US provides billions of additional dollars mostly for UN humanitarian efforts. The UN does a lot of good, but is, by design, unable to be effective in the political sphere because of the veto power of the "Permanent Members." Nonetheless, the group seemed to be in agreement that the US has to stay in the UN. (It's very interesting to note that years ago this same subject was discussed at our meeting and at that time there was unanimous support for leaving the UN.)

The members then turned to the final topic, "How Do the Vice Presidential Candidates Compare." In the early years of US history, whoever came in second in the Presidential election became the VP. This practice lasted until the election of 1800 when Aaron Burr lost out to Jefferson in a controversial and bitter contest. Beginning with the 1804 election, the modern practice of separate vice-presidential candidates began. Most of the group felt the candidates for VP should be more closely examined by the voting electorate because the VP is only a heartbeat away from becoming president. In most cases, the average voter is not aware of the VP candidate's position on the major issues. Election campaigning is dominated by the Presidential candidates. The discussion made everyone more aware of the importance of knowing the views of the potential VP's.

The next meeting will be on Wednesday, September 14<sup>th</sup> at Larkin House at 9:30. The topics will be: "The killing of Christians in the Middle East;" "Alzheimer's Disease," and "The Spread of ISIS."

All members are welcome to attend.

(by **Tom Butler** and **Joe Moriarty**)



## The AU Guys Band



Performing at Cedar Crest Village.



The 2nd Annual Dinner Social was held with long and short hikers in attendance plus invited wives at The Plum & Pear, Wyckoff. Arrangements were made by Gerrit White and a continuous slide show of many of our hikes was displayed by Don Kirkpatrick. Photos of the affair below, courtesy of Jim Savage. While we are now on Summer hiatus, we will begin hiking again in September. Please send your name to Don at [dakirkpt@verizon.net](mailto:dakirkpt@verizon.net) to be added to the email distribution list for weekly updates. All AU members are welcome.



## The Book Club

### "A Smooth Transition in the AU Book Club"

This summer the torch was passed from **Joe Clinton** to **Vince Tortorelli**, as the new Chairman of the AU Book Club.

Vince is fully qualified and eager, to lead the Book Club. His professional experience spans 35 years at McCann-Erickson in the advertising business. He is a very active member of AU with participation in the Public Discussion Group, and always volunteering to help the Food Pantry.

(Plus he's a lifelong Yankees and NY Giants fan!)

**Joe Clinton** is a remarkable AU member, with co-leadership and leadership of the Book Club since 2003. Joe was always very welcoming to all to attend and participate, with his good humor he inspired the members to give their reviews and comments. He made reading books fun, as well as educational. We all sincerely "Thank Joe" for a job well done!!



## Trips, Tours & Special Events Calendar

Checks for these events, payable to Activities Unlimited accepted at the monthly meeting.  
**Sign up sheets are nice, but money talks. Get your check in ASAP, don't wait 'til it's too late.**

**Thursday September 15, 2016—Wine and Appetizer Social — Brookside Manor Clubhouse** (Storms Drive, Mahwah), which is about 5 minutes from the Wyckoff Reformed Church. There will be some wine tasting and plenty of appetizers (Shrimp, Top Sirloin on Mini Bread, Pigs in a Blanket, just to name a few). No one will leave hungry. Wives are included. It will run from 6:00 PM to 9:00 PM. Please make your check for **\$32.00** pp payable to Activities Unlimited and mail to:

**Bob Barker, 550 Clinton Ave., Wyckoff, NJ 07481.**

**THURSDAY, September 22, 2016– San Gennaro Feast-NYC,**

**CANCELLED**

**THURSDAY, October 6th- German Festival- Ehrhardt's -Hawley, Pa.** Tap your toes or sing along to the Joe Lastovica Band playing a spirited mix of German music, old favorites and contemporary classics. Heidi the Bavarian Beer Girl will be back along with Marty Keller and his Alpine Horn & Bavarian act. The fun never stops. Trip includes Transportation, Dinner, Dancing and German Show. Bus leaves WRC at 8:30am and departs Ehrhardt's at 3:30pm. Coffee and Apple Streusel cake on arrival. Strudel making demo. Open Bar (beer, wine, soda). Family Style German Meal (3 entries) and Apple Strudel a la Mode. **Cost of trip is \$60 pp.** Send your check payable to Activities Unlimited to: **Don Wasson, 14 Appert Terrace, Mahwah, NJ 07430.** Questions contact Don at 201-891-1873.

**THURSDAY, November 17, 2016-Westchester Broadway Theatre Luncheon and Matinee Show- SATURDAY NIGHT FEVER.** Dust off your hip-hugging flares, your platform shoes and warm up your disco dance moves! Saturday Night Fever is one of the most loved dance stories of all time. Packed with over twenty legendary hits from the Bee Gees including the classics *Stayin' Alive*, *Night Fever*, *Jive Talking*, *You Should Be Dancing* and *How Deep is Your Love*, to name a few. The cost is \$80.00 per person and includes Show, Luncheon, Bus Transportation, Tips for bus driver and waiter. We are using a 49-passenger bus, therefore, we will limit participation to 45 or 46 people. The bus will leave the Wyckoff Reformed Church at 9:45am sharp and return by approximately 5:00pm. **Last date for receipt of paid reservations is 10/15/16.** Please send your check made payable to ACTIVITIES UNLIMITED to: **Bob LaSalvia, 80 Glasgow Terrace, Mahwah, NJ 07430 Tel 201-529-4784**

**NOTE: The Christmas Party is on MONDAY, December 12, 2016 at The Seasons again this year. There will be no valet parking.**

It will run from 5:30 – 9:30 PM and cost \$65.00 pp. The reservation form is on the next page of this Newsletter. All registration forms, checks and seating requests are due no later than November 19, 2016. Any questions call: **Bill Mastellon 201-447-1417** or **John Murphy 201-447-0921.** **Checks for \$65.00 should be made payable to Activities Unlimited and sent directly to:**

**Bill Mastellon, 101 East Oak Street, Unit G-6, Oakland, NJ 07436**

## 2017

These are some of the events we are looking into for next year:

Lunch at Savini's

The NY Botanical Gardens Christmas Train Exhibit

Sight and Sounds production of JONAH

We welcome any ideas you have for future trips or events.



**ACTIVITIES**



**UNLIMITED**



**Thirtieth Annual  
Christmas Dinner Dance**

**Location:** Seasons — 644 Pascack Road (corner of Washington Ave.), Washington Township, NJ

**Date:** Monday, December 12, 2016 (5:30PM to 9:30PM)

**Cocktail Hour:** Starting at 5:30PM—6:30PM

**Hors D’oeuvres:** A variety of tempting taste treats

**Choice of Entrée:** Selection of Beef, Chicken or Fish to be made at the table

•Four hour open bar (5:30PM to 9:30PM)

•Dance to music by Peter Lieberman

**Price:** \$65.00 per Person —Make Checks Payable to **Activities Unlimited**

**Reservation:** Detach and return reservation form to:

**Bill Mastellon, 101 East Oak St - G6, Oakland, NJ 07436**

**Reservation ASAP — Cutoff date is 11/19/2016 With Your Payments**

**For group table reservations of 8 or more please include all names below and all checks for the table at same time on one form.**



Reservation **\$65.00** per person  
Make Checks Payable to: **Activities Unlimited**

Member Phone Number (\_\_\_\_)\_\_\_\_\_

email: \_\_\_\_\_

1 \_\_\_\_\_

Member (First) - **Please Print** - (Last Name)

2 \_\_\_\_\_

Guest (First) - **Please Print** - (Last Name)

If you have a preference to sit with friends at the same table PLEASE CONFIRM with them that there is room at the table for you, then list their names on the right of your form, and ask them to include your name on their reservation. - Example: one name per line — ex: Bill Smith, Mary Smith.  
**For group table reservations of 8 or more please include all names and checks for the table.**

Check Box for random table

**Return Reservation to:**

**Bill Mastellon, 101 E Oak St — G6, Oakland, NJ 07436**

First Name - <b>Please Print</b> - Last
3
4
5
6
7
8
9
10
11
12
Max of 12 people per table — Table seating preference is assigned in the order that payment is received.

**Confirmed Members and or Guests that you would like to seat with**